



Executive Directors Remarks

Warm greetings from UMATI Tanzania. As we reflect on the past few months, I am deeply encouraged by the progress we have made in improving access to SRH education and services, our collective efforts continue to foster positive change for our communities.

These milestones reflect our commitment to improving public health through SRH interventions and partnerships, our achievements would not be possible without the firm commitment of our Government, donors, partners, and supporters. Your contributions and belief in our work are invaluable.

Thank You
Suzana Mkanzabi
Executive Director-UMATI

UMATI Opens Health Club at VETA to Empower Youth SRH and Gender Equality

In a continued effort to champion youth empowerment and well-being in the country, UMATI recently launched a Health Club at the Vocational Education and Training Authority (VETA).

This initiative marks a significant step toward providing young people with the knowledge and skills to make informed decisions about their sexual and reproductive health and rights.

This initiative is designed to strengthen gender equality and to empower more girls to pursue engineering subjects. It provides VETA students with a platform to engage in meaningful discussions, access accurate SRHR information, and build their capacity to address challenges related to their health and well-being and promote peer to peer learning and encourage youth to be advocates for sexual reproductive health within their communities.

After its successful launch, the club now has 50 active members, the members meet monthly for club activities. UMATI with under

the supervision of the college administration closely ensures these health club's ensuring there is conducive environment to perform the clubs activities and transform knowledge to other youths in the college and to bridge the information gap while equipping youths with the tools they need to lead healthier lives and make informed choices.

UMATI continues to support its health clubs in colleges by provision of health materials for continued learning, interactive

sessions, engaging activities and discussions on key SRHR topics by conducting peer-led discussions, and organize awareness campaigns within the institution. While providing support through mentorship, training, and the facilitation of access to essential services for the students.

UMATI encourages students to actively participate in the health club's activities and leverage the opportunity to become informed and empowered.



Driving SRHR Awareness and Services in Communities

In an innovative step towards enhancing community engagement, UMATI in collaborating with partners implementing the TanzaAfya project -Me'decins du Monde, Doris Mollel Foundation and with sponsorship from the French Embassy—launched a Cine Bus with a mobile clinic late this year.

This mobile clinic is designed to deliver sexual and reproductive health services to communities across the Dodoma region. The Cine Bus initiative aims to mobilize and establish youth weekend clinics, providing youth-friendly services tailored to the availability and needs of young people.

Young people face barriers in accessing healthcare services during the weekdays due to work school or other commitments but also they face stigma when seeking SRH services at the health care centers. UMATI and partners implementing the TanzaAfya project came with this innovative approach with the aim of bridging the gap in health

education and service accessibility by combining entertainment with impactful learning and sexual reproductive health services.

Using the cine bus during the weekend clinics helps to reach more youths in their localities while provide a more convenient and non judgmental space for the youth to access the services. implemented of the service deliver are currently in nine (9) health facilities, five located in Chamwino District

and one in Dodoma Urban. The clinics have already made a significant impact, reaching over 200 young people in just one month.

Through this initiative of integrating education, entertainment and health care, UMATI through the TanzaAfya project reaffirms its commitment to ensuring that no one is left behind in accessing essential health services and information.



Pictures of the cine bus in the field

Empowering Youth Through Film on International AIDS Day

Film has always been a transformative approach in shaping the behavior of the society. It goes way back in our African families where elders at night would surround the fire with children and narrate different tales of the past, passing on information and knowledge of the past to the next generation.

The society is evolving and change has been inevitable, story telling has now shifted from night bonfires to our modern screens in our homes. The use of film has always been impactful in reaching the youth in the society.

During this year's commemoration of the International AIDS Day, UMATI partnered with MEMA Africa to commemorate the day by conducting film screening to groups of young people from Temeke Municipal. Throughout the years, Temeke has been the leading municipal with high rate of HIV/AIDS cases that included youths.



Mema Africa is a local organization using the power of film and story telling to transform youth behavior on sexual and reproductive health. The session included music performance from Youths at the UMATI center who also use their music talent for SRHR advocacy.

Two SRHR movies; 1992 and JASIRI were screened during the event, panel discussions were conducted by UMATI peer educators reaching more than 100 young people.

Reflecting on this event, it is evident that innovative approaches like film and storytelling are essential in addressing complex health issues. Initiatives like these not only raise awareness but also inspire young people to take control of their health and advocate for positive change in their communities.

UMATI Advances Youth Health Initiatives at the Young and Alive Summit

UMATI made significant contribution at the Young and Alive Summit, an inspiring platform dedicated to addressing youth challenges and fostering opportunities for growth and empowerment.

The summit brought together youth leaders, policymakers, and stakeholders to exchange ideas and drive actionable solutions for a brighter future.

As part of its mission to ensure inclusive and accessible SRH Services, UMATI provided on-site

health services during the summit, reaching more than 217 young people with SRH service, additionally, more than 180 received comprehensive SRH education and awareness. This initiative demonstrated UMATI's commitment to meeting young people where they are and addressing their unique needs.

Services delivered by UMATI health team during the summit were STI & HIV/AIDS testing, hepatitis testing and

vaccination, counselling, anthropometry and health education, empowering youth with knowledge and resources to make informed decisions concerning their health.



Champions in Action. The Transformative Impact of CHW's

In our communities, there are unacknowledged heroes working tirelessly to improve the lives of young people. These Community Health Workers (CHWs) are dedicated individuals who bring healthcare closer to youths, fostering transformation and creating lasting change.

With a mission to address challenges in the community, CHWs work at the grassroots level. From educating community members on sexual and reproductive health to facilitating access healthcare services, these champions serve as the backbone of health in their communities.

Take Selina, a devoted CHW from Mikumi Health Center. Selina has worked tirelessly to reach the youth of Mikumi town.

Through community forums and youth weekend clinics, she has engaged over 500 young people in conversations about contraceptives, STI prevention, and menstrual health. Selina's dedication ensures that young people in her community are empowered to make informed health decisions and lead healthier lives.



CHW Selina with a group of the young people after a successful youth weekend clinic session at Mikumi HC

Another example is Masoud Mpene, a CHW with over four years of experience at Kazuramimba Facility in Kigoma Region. Masoud reaches more than 60 women daily, providing education on sexual and reproductive health, family planning, and nutrition. His efforts have played a significant role in reducing stunting among children in Kazuramimba, building a stronger and healthier community.



Masoud Mpene with a group of women attending monthly clinic at Kazuramimba facility in Kigoma.