

UMATI UPDATES



A MESSAGE FROM THE EXECUTIVE DIRECTOR

Dear friends, partners, and supporters of UMATI, As we embark on the second half of 2024, I am thrilled to share with you the latest updates and achievements of our organization. Your unwavering support continues to empower us to advance sexual and reproductive health (SRH) in Tanzania, ensuring that everyone, especially the young people, have access to the information and services of their choice they need to lead healthy lives.



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UK PARLIAMENTARIANS VISITS UMATI

Earlier this year, UMATI hosted delegates from the UK Parliament who aimed to review the progress of sexual and reproductive health programs funded by the UK government and implemented by local partners such as UMATI Tanzania - IPPF's Member Association in the country.

The delegation comprise of five lawmakers from the UK House of Commons and House of Lords representing the All-Party Parliamentary Group (APPG) on Population, Development and Reproductive Health. During their visit to UMATI, they met with representatives from UMATI and the International Planned Parenthood Federation, to learn about the youth center that has been providing sexual health resources and services to both in-school and out-of-school youth since 1983.



Back in the years when a girl was found pregnant she was immediately expelled from school. This procedure had been discriminating young women for years, worsening their life and depriving their educational opportunities. After seeing that, UMATI through the Youth Centre established empowerment activities like cookery, tailoring and baking to help teenage mothers engage in Income-generating activities to help sustain their needs.



YOUTH EMPOWERMENT

UMATI's youth programs continue to thrive, with several youth-led activities and workshops held across various regions. These initiatives are designed to foster leadership skills and SRHR awareness among young people, encouraging them to become SRH advocates for positive change in their communities.



University of Dodoma Students during a youth talk session

Side activities conducted during the symposium included HIV and STI testing, Hepatitis B testing, diabetes screening, cervical and breast cancer screening, as well as counseling on reproductive health and family planning, benefiting more than 300 youth. UMATI was able to provide youth education to more than 86278 youths in the first half of 2024



Students at Ruaha Catholic University (RUCO) participated in youth dialogues and discussions on family planning services offered by the UMATI clinic in the Iringa Region. These sessions aimed to educate and engage the students on various aspects of sexual and reproductive health and rights (SRHR), providing them with crucial information and resources to make informed decisions about their health. The discussions also facilitated an open environment where students could ask questions and share their views, enhancing their understanding of the available family planning services



Students at RUCO University lined up awaiting to receive SRHR services following a health debate.

SERVICE DELIVERY

Our community outreach programs have reached new heights, with several successful events conducted in rural areas. These initiatives have provided crucial SRHR information and services to underserved communities, empowering individuals with the knowledge to make informed decisions about their health. UMATI has succeeded to provide family planning services to more than 250,255 clients in the first half of 2024.



UMATI health worker and community health worker provide family planning education to clients at an outreach activity in Kigoma Region.



UMATI nurse gives vitamin drops to a child at a bonanza held in commemoration of the Day of the African Child at Mafiga Ward in Morogoro Region.

In advancing sexual reproductive health services, UMATI employs its youth weekend clinic approach to reach more young individuals. By providing accessible, youth-friendly, and comprehensive services, UMATI helps young individuals make informed decisions about their sexual and reproductive health, ultimately leading to better health outcomes and empowerment.



Peer leader carrying out a srhr session with a group of young people who attended one of the youth freindly weekend clinic sessions at Chita Ward, Morogoro .



INSTITUTIONAL STRENGTHENING



We recently concluded a transformative workshop on gender in Dar Es Salaam. A gender training manual was developed and shared with the aim of capacitating Trainers of Trainers (TOTs) from TVET institutions with knowledge on gender mainstreaming into their respective plans, policies, and programs.

UMATI organized a training on comprehensive Post Abortion Care (cPAC) and the District Health Information System - Tanzania Health Management Information Systems (DHIS 2-HMIS). The training aimed to equip participants with knowledge on utilizing DHIS2&HIMS systems to improve cPAC data capturing into HMIS for analysis and decision-making. Twenty health management information system focal persons and five members of the Coalition to Address Maternal Morbidity and Mortality due to Abortion and its Complications (CAMMAC) received the training.



YOUTH SPOTLIGHT

We shine a spotlight on Yesse Godfrey a SYV peer educator from Kilolo District. Yesse has been instrumental in organizing community dialogs and comprehensive sexual education(CSE) sessions. Yesse has shown exceptional commitment to advancing SRHR in his region by educating other young people about their sexual and reproductive rights through his music talent. We are incredibly grateful for his contributions and passion.



Yesse performing to primary school pupils during a bonanza that was held in Kilolo District