b) Conference room

The center also has a conference room which utilized by the young people for activities such as youth dialogues and capacity-building sessions or meetings.

c) Classroom

The center has a classroom which is used by young people to conduct Youth activities like Youth talks and dialogues etc.

d) Dancing room

The dancing room is utilized by the young people who got dancing talents, So they are trained and later on they are linked with other groups.

e) Recreational areas

This outdoor space includes a variety of games and sports, offering youth a chance to relax and socialize after school. While enjoying these activities, they are also engaged in SRH learning through interaction with Peer Educators.Youth Activities Promoting SRH Awareness



The Youth Centre organizes a wide range of activities designed to expand SRH knowledge and reduce risks related to:Teenage pregnancy, Child marriage, HIV and other STIs; Drug use

The activities conducted are

i) Youth Weekend Clinic
ii) Youth talks and dialogues
iii) Peer-to-peer education for provision of SRH
iv) Provision of SRH information and education through different approaches e Audio Visual cards
v) Youth Bonanza
vi) Empowerment activities for teenage mother e.g Cookery and baking

Reach and Impact

On average, the Youth Centre reaches:

600 young people
per month with SRH information and education

450 young people
per month with direct SRH services



UMATI

TEMEKE YOUTH CENTRE

UMATI TEMEKE
YOUTH CENTRE

The **UMATI Temeke Youth Centre** has been a cornerstone of youth empowerment and ***sexual*** and **reproductive health (SRH)** services in the Temeke District for over four decades. It was founded with the goal of providing young people with access to SRH information, education, and services including family planning, HIV testing, and treatment for sexually transmitted infections (STIs). One of the Centre's earliest and most impactful initiatives was the Teenage Mothers Program, launched in 1982. At that time, pregnant schoolgirls faced automatic expulsion, a harmful practice that cut short their education and limited their future. In response, **UMATI** introduced empowerment activities such as cookery, tailoring, baking, and batik making, enabling teenage mothers to care for their babies while engaging in income-generating activities. Recruitment for the program was carried out in collaboration with the Temeke Local Government Authority, with each cycle lasting six months.

In **2023,** the center implemented the Kijana Imara Project, supported by the Swiss Embassy. The project aimed to increase SRH knowledge among young people **aged 10–24** in Temeke. Innovative activities included the Youth Weekend Clinic, Community Dialogues, Youth-led Bonanza, and capacity building for service providers on long-acting reversible



contraception (LARC) and youth-friendly services. As a result, the project **reached 15,700** youth with SRH information and **provided 12,265** youth with SRH services. These outcomes highlight the ongoing need for youth-friendly SRH services in the area.

The UMATI Temeke Youth Centre serves a population in Temeke District of **1,346,674.** people, half of whom are young people. The center continues to target adolescents and youth aged **10–24 years,** ensuring they have the knowledge, services, and support needed to make informed choices about their health and future.

UMATI Temeke Youth Centre provide integrated SRH services to young people. The services offered include;

- **a)** Family planning services
- **b)** HIV testing and Counselling
- **c)** STI
- **d)** Counselling on SRH issues i.e. GBV

Beyond offering essential sexual and reproductive health (SRH) services, the UMATI Temeke Youth Centre also provides a range of supportive spaces where young people can learn, grow, and express themselves. These spaces are designed to broaden their understanding of SRH and promote overall well-being.

a) Library

This is essential for information and development for young people, the library has different books on SRH, Educational stories and also the books from Tanzania Educational Authority from primary level to high level. This library serves both in and out of school. Within the library also there a computer so that young people get the opportunity to learn and also to get different updates within and outside the country